

Seeking Safety (SS): An Evidence-Based Practice for Trauma and/or Substance Abuse

DATE & TIME: November 7, 2016

8:30 am – 4:00 pm

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Superior Court Building
600 S. Commonwealth Ave., 2nd. Floor Conference Room #113
Los Angeles, CA 90005

PARKING: Free parking available at 523 Shatto Place (approx. 2 blocks walking)
OR (\$15 - \$18 parking directly across the street from the court on Commonwealth Ave.
Metered parking is also available, yet extremely limited).

Seeking Safety (SS) is a present-focused, coping skills evidenced-based therapeutic model addressing trauma and/or substance abuse issues. The model incorporates psychoeducation as well as early intervention treatment strategies. SS is manual-driven, delivered by both licensed and non-licensed trained professionals and provides a flexible curriculum. The objective of this training is to review the SS model and includes the following: (a) overview of trauma and substance abuse, (b) implementation of Seeking Safety, c) assessment tools and d) community resources. By the end of the training, participants will be able to implement Seeking Safety in their settings.

TARGET AUDIENCE: Open to DMH staff and contracted providers working with adult mental health consumers

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Identify key clinical issues relevant to trauma exposed populations.
2. Identify key clinical issues associated with substance abuse treatment.
3. Practice skills to increase empathy and understanding of the impact of trauma and substance abuse.
4. Demonstrate knowledge on administering the manualized Seeking Safety model.
5. Identify key elements necessary to provide culturally appropriate assessment and treatment resources.
6. Identify effective interventions to apply using SS with diverse populations and communities.

CONDUCTED BY: Summer Krause, MA, LPC, CADC III of Treatment Innovations, LLC

COORDINATED BY: Maria Contreras, MA, Training Coordinator
Email: macontreras@dmh.lacounty.gov

DEADLINE: When maximum capacity is reached.

CONTINUING EDUCATION: 6 CEU's for BBS, BRN, CCAPP-EI
6 CE's for Psychologists

COST: NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application

☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☒ General



County of Los Angeles Department of Mental Health

NON-DMH STAFF TRAINING APPLICATION FORM



Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

This form is not to be used for LPS Designation Training. The LPS Application is available at lacdmh.lacounty.gov/training&workforce.html.

Training Title (as in DMH bulletin):

Seeking Safety: An Evidence-Based Practice for Trauma and/or Substance Abuse

Date(s): **11/07/2016**

Training Coordinator: **Maria Contreras, MA**

County Employee Number

(non-county employees supply the last four digits of the SSN)

Name

Program, Service
or Agency

Job Title

Address

City

Zip Code

Telephone

Email

License or Credential Number(s) (complete as many as applicable)

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

Supervisor's Approval (Applications will not be processed if not signed by supervisor)

Print Supervisor Name

Supervisor's Signature

For processing, please return Application to:
**County of Los Angeles – Dept. of Mental Health
Adult System of Care-Administration
550 S. Vermont Ave. 3rd Floor
Los Angeles, CA 90020**

ATTN: MARIA CONTRERAS

Fax: (213) 427-6178

Phone: (213) 738-2764

Email: Macontreras@dmh.lacounty.gov

(When faxing, there is no need to use a cover sheet)